



# Gosport Ice Skating Club

CLUB ETIQUETTE RULES 2024

**These rules apply to ALL persons who visit the Club, not just Skaters.**

**In general, the following will apply:**

- Everyone attending club events, i.e. Skaters or spectators are covered by our Club rules and policies.
- The Member (i.e. the skater) is responsible for the behaviour and conduct of their guests/spectators who have come to watch or support them.
- Inappropriate behaviour by anybody attending a club session will not be tolerated. If behaviour is deemed to be harassing, bullying, threatening or against health and safety, the Skater and any guests/spectators will be asked to leave the ice arena.

**The following rules are intended for the safety and consideration of all skaters and spectators/guests when attending any club event/social.**

- The ice is a shared space – and all those attending a club social session are entitled to use it.
- Skaters' behaviour off-ice is just as important as on-ice; try not to distract other members by your actions, remember it is a skating rink first and a social event second.
- Be welcoming, inclusive, respectful, encouraging, and aware of other skaters on the ice – a 'please', 'thank you' and 'sorry' goes a long way to creating a friendly environment.
- Common sense prevails in all situations; remember, the other skater also wants to skate.
- Entry and exit to or from the ice pad is by the proper gates. Climbing over the barrier is forbidden.
  
- Be mindful of skaters who are less experienced than you and make provision for them.
- Encourage and mentor those skaters who are less experienced than you.
- Unless you are hurt, do not lay on the ice following a fall – get up and out of the way as soon as possible.
- If you fall and are hurt, please signal to other nearby skaters, and a First Aider will get to you ASAP.
- Do not scuff or kick the ice or barrier in temper.
  
- Be mindful of skaters who are practising jumps, spins or other unsighted moves – try to keep the area around them clear in case they fall.
- If a skater is performing their programme to music, you should make the effort to allow the skater to do this unimpeded by standing at the barrier or coming off the ice temporarily.
- Coaching is not allowed during club social sessions – there are plenty of opportunities for coaching on patch, during lessons, at events and masterclasses.
- Any grievances should be sorted out amicably by you, if that appears impossible then please link with a committee member on-site.
- Always maintain reasonable control of your direction and speed.
- Skates must be worn on the ice not shoes.
- NO food is allowed to be consumed on the ice surface.

## CLUB ETIQUETTE



- Refrain from acting in a manner that may cause or contribute to an injury to you, other skaters, or spectators.
- Refrain from throwing or leaving objects on the rink surface.
- The use of earphones on the ice is restricted to ONE earpiece for safety (If you have TWO in then you would not be able to hear if someone called out due to a potential collision with another skater)
- The use of mobile phones on the ice is restricted to being used by skaters by the barrier and not moving or off the ice. If the skater would like action shots or on ice videos of their routine, then this can be accommodated within the half an hour slot available at the end of the social session for programme run throughs where the skater can have a designated skater to record them on the ice.
- Assumption of Risk: By engaging in skating, skaters and spectators are deemed to have knowledge of, and assume the inherent risks of skating. Any injuries or abuse of rules should be reported to member of the club committee immediately.

GISC Committee